



# SWIM SQUAD PROGRAM

MON	TUES	WED	THUR	FRI	SAT
5:30AM - 6:30AM <b>MASTERS SQUAD</b>	5:30AM - 6:30AM <b>MASTERS SQUAD</b>	5:30AM - 6:30AM <b>MASTERS SQUAD</b>	5:30AM - 6:30AM <b>MASTERS SQUAD</b>	5:30AM - 6:30AM <b>MASTERS SQUAD</b>	6:00AM - 7:30AM <b>ENDURANCE SQUAD</b>
9:15AM - 10:15AM <b>MASTERS SQUAD</b>		9:15AM - 10:15AM <b>MASTERS SQUAD</b>		9:15AM - 10:15AM <b>MASTERS SQUAD</b>	
4:00PM - 5:00PM <b>MINI &amp; JUNIOR SQUAD</b>		3:45PM - 4:30PM <b>MINI SQUAD</b>	4:00PM - 5:00PM <b>MINI &amp; JUNIOR SQUAD</b>		
	5:00PM - 6:00PM <b>EVENING SQUAD</b>		5:00PM - 6:00PM <b>EVENING SQUAD</b>		